



First Tee Coach Role Guidelines

Lead Coach

Requirements

- Age 18+.
- SafeSport Compliant.
- Completed Assistant Coach Training (ACT).
- Completed a minimum of Level 1 (previously PLAYER) training.

Responsibilities

- Leads and oversees for entire program delivery at the location including station set up, lesson plan delivery, participant check-in/out, risk management, and clean up.
- Manages all coaches on site at that time including Assistant and Junior Coaches.
- Provides emergency response accountability for participants and adults on site.

Recommendations

- Minimum of one (1) Lead Coach assigned to each class.
- Lead coach can oversee simultaneous classes at one program location.



Assistant Coach

Requirements

- Age 18+.
- SafeSport Compliant.
- Completed a minimum of Assistant Coach Training (ACT)

Responsibilities

- Supports Lead Coach on site by running stations, enforcing safety protocols, engaging participants, following risk management directive, and other program specific activities.

Recommendations

- Assistant Coaches assigned based on enrollment of class to ensure a minimum 6:1 participant to coach ratio.
- Coach should know path of escalation for questions, challenges, or when in need of assistance.

Junior Coach

Requirements

- Ages 14-17.*
- Vetted by Chapter leadership on ability to fulfill Junior Coach responsibilities.

Responsibilities

- Supports Lead and Assistant Coaches on site by monitoring class safety, helping to run stations, and engaging with participants

Recommendations

- Remain active as a First Tee participant in First Tee Program or are pursuing Ace.
- Attend in-person chapter led training specifically for Junior Coaches.
- Complete SafeSport for Youth Athletes course.
- Support programs for age-groups under Junior Coach age.

